



Preparation Booklet

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Questions about Senior Summit?

Please contact:

Your educational adviser

or

Nancy Yarahuan, Community Programs Manager
703-723-8000 ext. 8087 or Nyarahuan@jkcf.org



Young Scholars Senior Summit 2023

When

Tuesday, July 25 – Friday, July 28, 2023

Where

National Conference Center
18980 Upper Belmont Place
Leesburg, VA, 20176

About Young Scholars Senior Summit

We are excited that you will be joining us for Young Scholar Senior Summit! This is a chance for Cohort 19 Young Scholars to come together to kick off college applications, build community with your fellow Scholars, and have fun in the process.

By the end of Senior Summit, you will:

- feel more prepared for senior year,
- have a stronger bond with your Cohort 19 peers, and
- see that you are an important member of the Cooke community.

Thanks for joining us!

General Program Information

Registration

Each Young Scholar Senior Summit participant will register through an online registration form, open from **April 20 - April 27, 2023**. Scholars should register using the following link:

<https://apply.jkcf.org/portal/SS>

You must complete this registration by 11:00 p.m. EST on April 27, 2023.

Housing

Young Scholars will stay at the National Conference Center in Leesburg, Virginia, which is approximately three miles from the Cooke Foundation.

Scholars will have their own room and will be housed near a designated parent chaperone. Visit the National Conference Center [website](#) for details on room amenities and location.

We will provide shuttle buses to/from the National Conference Center and other program locations throughout the event.

Meals

Breakfast, lunch, and dinner will be provided as a part of the program. Snacks will be available often. **Please note any dietary restrictions in your online registration form.**

Transportation

[Travel to Leesburg, VA](#)

The Cooke Foundation will plan and pay for travel for each Scholar to Senior Summit, based on information you provide in the online registration.

Beginning the week of April 27, our travel team will contact your parent/guardian via email to finalize travel arrangements. A parent/guardian must respond to confirm proposed travel within 24 hours. Our travel agency can only hold tickets briefly, so please watch for travel emails the last week of April!

Airline and/or train tickets will be issued as e-tickets and emailed to you. Please take the itinerary with you on travel day for reference.

For Scholars driving to Senior Summit, the Cooke Foundation will provide driving directions, arrival time windows, and parking information. The Foundation will reimburse for mileage, but not exceeding the cost of other less expensive travel options.

[Arriving in Leesburg, VA](#)

Participants will be expected to arrive between 9:00 a.m. and 3:00 p.m. on July 25.

If you are traveling by plane, you will be met at Dulles International Airport or the Washington, DC train station by a Cooke Foundation staff person and be directed to a bus that will take you to the National Conference Center for registration.

For those traveling by personal automobile, you will come directly to the National Conference Center. We will send you more detailed information about where to meet Foundation staff in subsequent emails.

[Departure from Leesburg, VA](#)

Scholars will depart the National Conference Center at approximately 11:00 a.m. on June 28. Scholars will be transported by bus to the airport or train station.

For any travel questions and or concerns, please email nyarahuan@jkcf.org.

Program Activities

Tuesday, July 25, 2023

9:00 a.m. – 4:00 p.m.	Arrivals and registration
4:00 – 6:00	Senior Summit opening programming
6:00 – 7:00	Dinner
7:00 – 9:00	Evening community activities, College Scholar Panel

Wednesday, July 26, 2023

7:00 – 9:00	Get ready for the day, eat breakfast
9:00 – 12:00	1:1 Educational adviser meetings
12:00 – 1:00	Lunch
1:00 – 5:30	College admissions officer sessions
5:30 – 7:00	Dinner
7:00 – 9:00	Evening community activities
9:00 – 10:00	Optional social activities

Thursday, July 27, 2023

7:00 – 9:00	Get ready for the day, eat breakfast
9:00 – 12:00	College application workstations
12:00 – 1:00	Lunch
1:00 – 3:00	Wellness Action Plan
3:00 – 4:30	Team building activity
5:30 – 6:30	Dinner
7:00 – 9:00	Young Scholars Social
9:00 – 10:00	Optional social activities

*All activities/times are tentative.

What to Wear

Travel Day

- The Cooke Foundation will mail each Scholar one t-shirt to wear on arrival day.

During Senior Summit

- Summer in Virginia is hot and humid. Scholars should wear casual clothing for warm weather. Buildings will be air conditioned and often very cool. A light jacket or sweater is a good idea.
- Participants will receive name tags upon arrival that should be worn throughout Senior Summit.
- The National Conference Center is a large venue and you'll be doing lots of walking, so please wear comfortable shoes.

Scholar Community Guidelines

You are a Cooke Young Scholar. You are part of a mature, responsible, and considerate group of young people who hold themselves to the highest standards of behavior.

Throughout Senior Summit, Young Scholars will:

- Positively represent the Cooke Scholar community.
- Attend and be on time to all sessions and events.
- Stay with the group or report their intended whereabouts in advance.
- Contribute to creating a community where all participants and staff feel safe, included, and respected.
- Notify Foundation staff if concerns arise.
- Call the emergency numbers, if needed, that will be provided at the event.

Thank you for helping us build a supportive, caring community.

What to Prepare and Bring

Personal Identification

Passengers must bring a government-issued photo ID in order to travel. [Valid identification](#) may include a driver's license or identification card, passport, or military identification card.

Prescription Medications

If you need to take prescription medications during Senior Summit, bring enough to last the entire event.

Insurance

We require Scholars to have health and accident insurance. That insurance will be considered the primary carrier in case of accident or illness. Make sure you provide us with your insurance information within the online registration form. If you do not have health insurance (or a plan that covers you out of your home state), please indicate this in your registration and notify your educational adviser.

Expense Money

The Cooke Foundation will pay for all planned activities and meals during the event. Depending on travel plans, you may need to purchase your own snacks or meals while traveling to and from the program. Otherwise, you will need little to no money. Please do not carry much cash. Any spending money should be in a non-cash form (such as, a pre-paid debit card).

Baggage Fees

The Foundation will pay for one checked bag for Scholars attending Senior Summit, depending on airline policies.

Health, Safety, and Security

Please know that your health, safety, and security are of primary concern to the Foundation and everyone connected with the program. For this reason, members of the Cooke Foundation staff will accompany the Scholars on all activities and will be present during Senior Summit 24 hours a day. Any health concerns will be addressed immediately.

In addition:

- Cooke College Scholar Ambassadors will be available to Scholars throughout the day to answer questions, relay concerns to staff, and help engage you in community activities.
- Many Foundation staff are trained in CPR, First Aid, and Mental Health First Aid.
- First Aid kits will be readily available at the event.
- Parents will be notified immediately if a student is injured or has a medical emergency.
- Cooke Foundation staff will be available to participants at all times via the 1-866 number we will provide in a later mailing.
- Leave valuable items home. The National Conference Center nor the Cooke Foundation is responsible for the loss or theft of personal items.

COVID guidance:

- To reduce the possibility that any attendee of Senior Summit contracts COVID, the Foundation strongly encourages all attendees to be fully vaccinated and boosted.
- All attendees are expected to adhere to applicable National Conference Center safety protocols that are in place at the time of Senior Summit.
- COVID tests, face masks, and hand sanitizer will be available.
- Please DO NOT TRAVEL if you feel ill, have COVID symptoms, or have been in close contact with someone who recently tested positive for COVID.

Pre-departure Checklist

Things to do now:

- ❑ Complete the online registration form at <https://apply.jkcf.org/register/ysss23> by April 27. See the enclosed instructions for more information.

Things to do in late April:

- ❑ Receive travel plan/itinerary from the Cooke Foundation, which a parent/guardian will need to approve.
- ❑ Check your airline for baggage and toiletry restrictions.
- ❑ Contact your adviser if you have general travel questions or concerns.
- ❑ Be sure you have a photo ID for travel.
- ❑ Get prescription medications you may need.
- ❑ Talk with your adviser if you need health and accident insurance.

Things to do in June:

- ❑ Review your packing choices. Is everything necessary? Do you have the appropriate footwear and other items listed in this booklet?
- ❑ Set aside t-shirt provided by the Cooke Foundation for day of travel.
- ❑ Label clothes, bags, and other personal items you plan to bring.

Things to do just before leaving:

- ❑ Make sure you have a valid ID for travel.
- ❑ Make sure you have your travel itinerary and, if applicable, boarding passes.
- ❑ Put your name, address, and the Cooke Foundation's emergency contact number (that will be provided at a later date) somewhere inside your luggage.
- ❑ Bring a little change, a phone card, or a cell phone for calls in case of an emergency while traveling.
- ❑ Pack lightly. The Foundation will pay for one checked bag for Scholars attending Senior Summit, depending on airline policies.
- ❑ Allow plenty of time to get to the airport or train station or to drive to Leesburg, VA.
- ❑ **Look forward to having a fun and rewarding time at Senior Summit!**